



Empowering families and children to effect lasting change... community by community

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## Our Green Community!

Dear Supporters,

Supporters like you, and Rotarians from around the world, are working through Sustainable Cambodia and Sustainable Cambodia Australia to help village families and children continually improve their quality of life, with healthy water, nutritious food, health care, education, and sustainable income generation.

With your help, more than 330 wells are providing safe water, more than 3,000 students are currently enrolled in Sustainable Cambodia schools, and nearly 24,000 Cambodians have been able to change their lives for the better. None of this would be happening without supporters like you!



In this edition of the Cambodia Update, you'll read about how one family in particular has been touched. We thank you all for your help with this work.

Read below to discover more...

Or **Click here to comment on Facebook!**

*Sustainable Cambodia is a nonprofit organization working to help the residents of Cambodian villages create a sustainable quality of life. We do not simply give aid to the villagers. Instead, we help them build wells, irrigation systems and schools, and train them in agriculture and vocations, empowering and enabling them to create positive and measurable change in their villages. Sustainable Cambodia is registered in Cambodia as a Non-Governmental Organization with the Ministry of Foreign Affairs and in the United States as a 501(c)(3) tax-exempt charitable organization. TIN# 20-0175973 Please visit our website at [www.SustainableCambodia.org](http://www.SustainableCambodia.org)*



## Welcome to Her New Life!

Prum Sarem is a 56 year old widow living in Veal Leu Village, in Kravanh District in central Pursat Province. She lives with her 4 children, 2 boys and 2 girls.



Before Prum Sarem was involved with Sustainable Cambodia, her family lived from hand to mouth in a small 1-room house. Although she had always tried hard to make a good living for her family, she found it very difficult, and sometimes impossible.

But in 2008, her life began to change. She joined a Sustainable Cambodia self-help group in her village, and life has improved every year for her and her family.



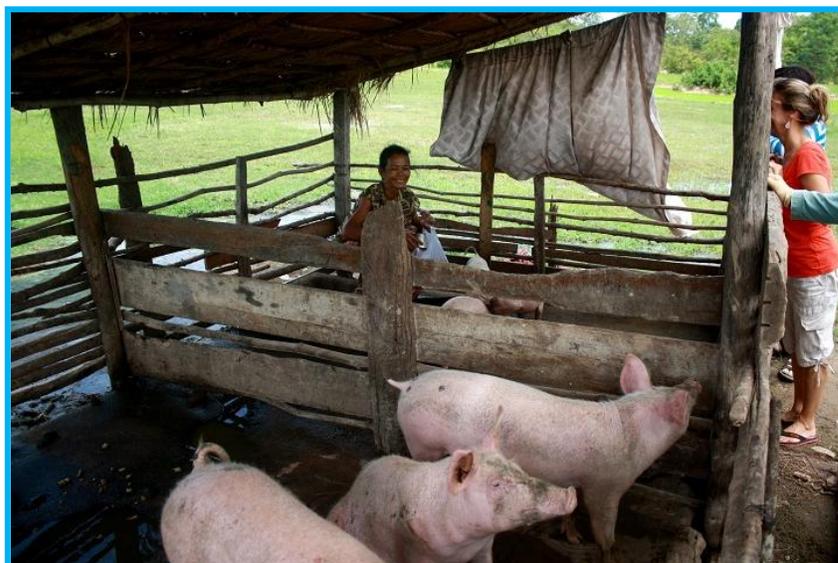


Members of her self-help group passed on animals to her through Sustainable Cambodia. She now has a cow, a pig and some chickens, and has passed on animals to others in the program. Her family now has use of a well, and has a bio-sand filter, and a latrine, all through the Clean Water Project. With training and counseling, she parlayed an agricultural micro-loan, agricultural tools and vegetable seeds into continuing cash crops, fruit trees, and a family fish pond.



Prum Saren was so successful with the self-help group, and proved herself to be so hard-working, generous and truthful, that the group chose her to be their leader.

Prum Sarem has worked hard for everyone in her self-help group and her community as a whole. Because of her good work and leadership, every member of the group is able to contribute money to their group savings account every month.





As self-help group member, she received substantial training in farming, animal husbandry, safe water and project management. And now, as a self-help group leader, she shares what she has learned from the trainings with everyone in her group and community.

With the knowledge and experience she has built, she has successfully passed on animals to other waiting families in her community, paid back all of her loans on time, and she regularly sells surplus crops at the local market.

When she was interviewed about her life now, she said, "My family has improved a lot. We are very happy that we have sufficient food to eat throughout the year. We can also make money from our gardening, animal raising, and agricultural products to support our daily life. We've also bought a proper home and a hectare of farm land for our family."



She continued, "I would like to express my greatest thanks for helping my family and everyone in my community with all these things, farming tools, seed, water, and especially the knowledge and skills. With your support, we are now very optimistic about the future of our family and community."

## Be a Supporter of Village Families Today!

Rural areas face lower levels of education, economic opportunity and resources. Help communities access the skills and resources they need to succeed. Learn more...

Click here: <http://www.sustainablecambodia.org/gifting>



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## Be A Supporter of Our Programs Today!

What difference can YOU make? Whether you're a school or a company, we offer personal and tailored sponsorships that meet your needs. [Learn more...](#)

Click here: <http://www.sustainablecambodia.org/DonateNow.asp>

## Thanks to **Supporters!**

Many thanks to all of our supporters!



Special thanks to our child sponsors and community development support from Sustainable Cambodia Australia and Rotarians from all over the world. Without you, this would not be possible!

**Sustainable Cambodia (SC) is an internationally supported grass-roots not-for-profit organization, led by dedicated Cambodian staff with help from international volunteers, and with support from child sponsors and Rotary Clubs from all over the world.**

SC works with rural Cambodian villages to help them achieve sustainability and self-sufficiency. Sustainable Cambodia was co-founded by Rotarians, and active Rotarians make up a majority of Sustainable Cambodia's governing Board of Directors. SC aligns its values with those of Rotary International, including RI's ideals of empowerment, peace through understanding, world service and community service. We apply Rotary's effective "Four-Way Test" to ethical issues. Our model is unique in several ways:

- Only native Cambodians are employed as paid staff, and all international officers, directors and consultants are unpaid volunteers, ensuring that 100% of funding goes directly into the rural village programs.
- We are an empowerment organization rather than an "Aid" organization. We provide resources, assistance, training and education to the community, empowering families to revitalize their community and economy.
- Our approach is broad-based, including schooling for children, safe village drinking water, irrigation systems, alternative agriculture, vocational education, micro-business and healthcare.
- In return for the assistance, each family commits to helping surrounding villages: We not only "teach them how to fish," but teach them to teach others how to fish.

While we currently work in central Cambodia, our vision is for this empowerment model to spread across Cambodia, and ultimately to grow into other countries.